

Personal Development Planning

- **Developed programmes to support reflective thinking and recognition of prior skills and achievements**
- **Using Dundee University's on-line PDP resource**
- **Worked with learners to use PDP to support their progression and transition**

PDP with part-time CLD staff

- **Recruited small group of learners**
- **Introduced the concept of PDP**
- **Ran workshops to support staff to identify prior skills, learning styles, aspirations and goals, and portfolio building**
- **Staff completed portfolio and progressed onto post graduate courses**

PDP with SQA Highers students

- **Working with SQA Highers students at Angus College**
- **15 x one hour sessions over the year**
- **Access to Dundee University's on-line PDP resource**
- **Supported students to identify prior skills and look at future goals and pathways**

PDP with adult learners through Volunteer Centre Angus

- **Recruited 8 adult learners to participate in programme**
- **4 hour sessions over a ten week period**
- **Followed by one-to-one sessions to finalise portfolio**
- **Developing IT skills as well as reflective thinking practices**
- **CV building included**

What we hoped would happen...

- **Helps adults in the community re-engage with learning**
- **Helps them believe in themselves**
- **Enables them to recognise the value of their prior experiences**
- **Values the skills that they have**
- **Motivates and inspires them to move onto further study or employment**